

Health & Safety Guidelines

Sound of North

July Camp Practices 2020

Release date: 6.30.2020

The following procedures will be implemented for band practice throughout July and leading up to the reopening of the traditional school year. This is to ensure the health and safety of our band students, staff, boosters, and other volunteers. These procedures have been researched and recommended by agencies such as the National Federation of High Schools, the Indiana DOE, Indiana State School Music Association, as well as local requirements set forth by BCSC.

Revised 2020 Rehearsal highlights

While the band will rehearse at various times throughout the day most rehearsals will not be full band. Students will remain in similar cohorts for the duration of camp. This will be relegated to their major instrument/performance families (Percussion/Winds/Guard).

Cleaning of high contact areas between rehearsals.

Upon arriving on campus, students will be screened at three locations.

Brass and woodwinds will practice outside the entire rehearsal - tents are being procured to add shaded areas for rehearsals.

The Band will be providing reusable face coverings for all students, staff, and volunteers.

Everyone will be expected to wear these when possible. It is recommended students and volunteers have 2-3 additional masks so masks can be washed once a week and ready for a full week of use.

Rehearsal Procedures

Rehearsal equipment to have with you before you leave the house

Winds and Percussion should wear comfortable athletic clothes, socks and shoes. Color Guard will coordinate and communicate their rehearsal clothing however all BCSC guidelines should be followed.

All students bring their own water cooler (similar to a 1 gallon jug)

- Water fountains should not be used
- It is unclear at this time how our water bottle refilling stations will be utilized
- Your gallon jug should be clearly labeled. NO ONE ELSE IS ALLOWED TO USE YOUR

WATER JUG.

Baseball type of hats to keep the sun off of your face

Sun Block - NO SHARING OF SUN BLOCK

Equipment - flag/rifle/sabre/instrument/pencil/music binder

Eat a great breakfast - eat like an athlete before arriving! No sugary breakfast items!

Start hydrating 1-2 days before rehearsal starts

Use the restroom BEFORE you come to rehearsal

Drop-off

Student drivers and parent volunteers can park in the main staff parking lot. Once a student exits the vehicle they should go directly to their designated check-in area and maintain social distance from others. **NO STUDENT OR ADULT MAY ENTER THE BUILDING BEFORE CHECKING-IN OUTSIDE.** Please arrive 15-30 minutes prior to rehearsal starting.

Student Check-in

Students will be assigned to one of the three check-in locations. Go directly to this area:
Winds - Band room doors (Door #4)
Percussion - Practice Room Hallway doors (Door #7)
Color Guard - Auditorium doors (Door #8)

Upon arrival, students will:

1. Have their temperature taken
2. Respond to the BCSC required questions
 1. Do you live with, had close contact with, or cared for someone that is experiencing symptoms, has pending test results, or diagnosed with COVID-19 in the last 14 days?
 2. Have you experienced any cold or flu-like symptoms in the last 4 days (fever, cough, shortness of breath, or other respiratory problems)?
3. After check-in, each student should use their face covering when possible. This includes all indoor settings when not engaging in structured rigorous activity (casual “pre rehearsal” practice is not allowed).
4. Students should immediately report to their assigned location for rehearsal

If the student temperature is 100.3 or higher or answers yes to any of the above questions, they will not be allowed to attend rehearsal. We will all need to work together to ensure everyone’s health and safety. If your student is exhibiting any symptoms at home, please contact a health care professional immediately. We want to see them safely return to rehearsal when they are cleared.

Volunteer Check-in and participation

Volunteers must also undergo the same screening procedure as staff and students. Volunteers should add 15 minutes to their planned “start time” for their shift to complete the necessary steps. Volunteers must wear a mask at all times unless physical activity precludes them from wearing one. Should a volunteer have a medical condition that prevents them from wearing a mask, at this time we respectfully ask for you to save your service hours for a time or category that does not require the use of protective equipment.

Rehearsal Procedure

Most rehearsals will take place outside. Some rehearsals may take place inside broken down into smaller groups in large areas. The outside wind/percussion rehearsals may take place under a canopy/tent for added shade or on the practice field. Social distancing will be observed during rehearsal and break times. Students should have their own equipment/instrument - **NO SHARING OF ANY KIND.** Until further notice, all Sound of North Band rehearsals are ***closed rehearsals.*** Non-volunteers are to have no interaction with students during the rehearsal time. Non-volunteers are not to be in the building or a rehearsal space where students are present without specific permission from a BCSC employee and has undergone the BCSC approved screening process.

Pick-up

To minimize student gathering, it is imperative that we disperse students after dismissal. Once dismissed, students should move to their pick-up location immediately. This location is your check-in location. All wind instruments should be taken home (tubas...we're working on a solution). No one will need to go into the building once dismissed. Once home, students are encouraged to shower immediately and not reuse any clothing worn that day until it has been washed.

As much as we want you to be at rehearsals, PLEASE be honest and do what's best for the band. If you are showing any symptoms at all please contact the directors and stay home. Do not put your bandmates, teachers, and the entire program at risk by coming to rehearsals while showing symptoms.

Here is a link to the CDC that highlights how to prevent the spread of COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

Note: This information is accurate at the time of release. Please continue to look at soundofnorth.band for updated procedures and guidelines. All parents and boosters will be notified of any updated guidelines as they arrive. Thank you for understanding as we do our best to safely offer an important social emotional activity while navigating through temporary constraints.